

DIOCESE OF TEXAS DAUGHTERS OF THE KING
Spring Assembly 2023
Contemplative Prayer presentation

Contemplative Prayer

There is a line in a palm prayer by Thomas Merton which reads, "I beg you to keep me in this silence so that I may learn from it the word of Your peace." Consider with us the possibilities for peace inherent in the journey of contemplative prayer. We will practice together as we seek to hear love spoken through the "ear of the heart."

Presenters:

Sandra Smith Bull was born in Houston. She has a BS in Education and a Master of Library Science; UT at Austin. She was a high school librarian and the executive director of a nonprofit organization and is currently retired. She completed both The Enlightened Heart: Moving Toward Spiritual and Emotional Maturity program and The Leadership Pilgrimage at The Seton Cove, A Spirituality Center in Austin, Texas. She is a member of Calvary Episcopal Church in Bastrop, Texas where she has served on the vestry and is a member of an adult forum advisory group. Together with her partner, Susan Crone, she has facilitated a weekly contemplative prayer group since 2012. She was married for 51 years to Eddie G. Bull who died in 2022. She has one son and one remarkable grandson who live in Virginia.

Susan Crone has lived in Bastrop County for 20 years. She has a BS in Education and a Master of Education from the University of Texas, Austin. She spent 30 years as an educator in Austin ISD. She completed several courses on spirituality at Seton Cove in Austin including The Enlightened Heart and The Leadership Pilgrimage. She is a member of Calvary Episcopal Church, Bastrop and has served in various ministries including the Board of Trustees for Calvary Episcopal School, Bastrop. With Sandra Smith Bull, she developed and co-facilitates a weekly contemplative prayer group since 2012. She is married to Bob Crone and has two sons and nine grandchildren.

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The Joy of Praying with the Labyrinth

- ♥ A personal story of joy found on the Labyrinth.
- ♥ A short history of the Labyrinth.
- ♥ Methods used to pray with the Labyrinth.
- ♥ Group Activity: Praying using a meditation and finger Labyrinth.



Kathryn Wohnoutka - Parliamentarian of the Diocese of Texas

♥ Kathryn Wohnoutka is a DOK, Secular Franciscan, and Spiritual Director. She has served at all levels of The Daughters of the King and is a past National Treasurer. In addition, she has led many women's retreats and quiet days.

♥ Kathryn is the author of *Whole, Single, Free, ME! An Escape from Domestic Abuse*, a spellbinding true story of her abusive first marriage, escape, and recovery, including how her DOK chapter's prayers saved her life. She is finding joy in working on her second book, a spiritual memoir.

♥ Professionally, Kathryn is a CPA and retired from Oracle Corporation as a curriculum group manager. She and her husband, George, live in Katy and attend St. Edith Stein Catholic Church, where she facilitates a Divine Mercy Study Group. They have four children, 12 grandchildren, and two great-grandsons.