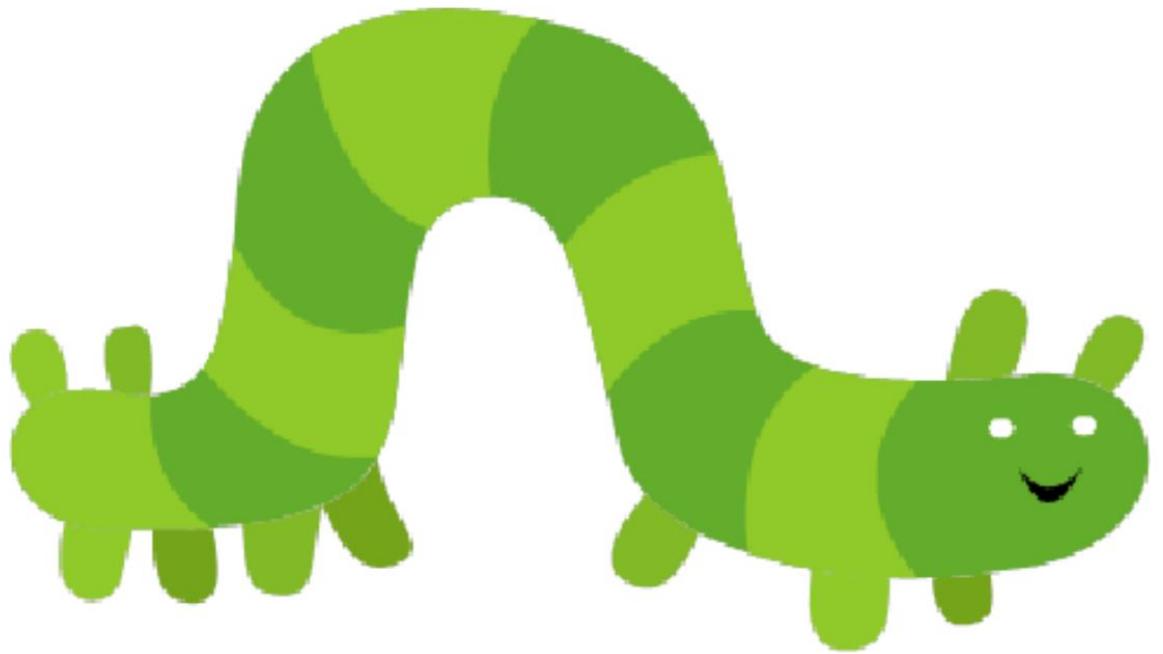
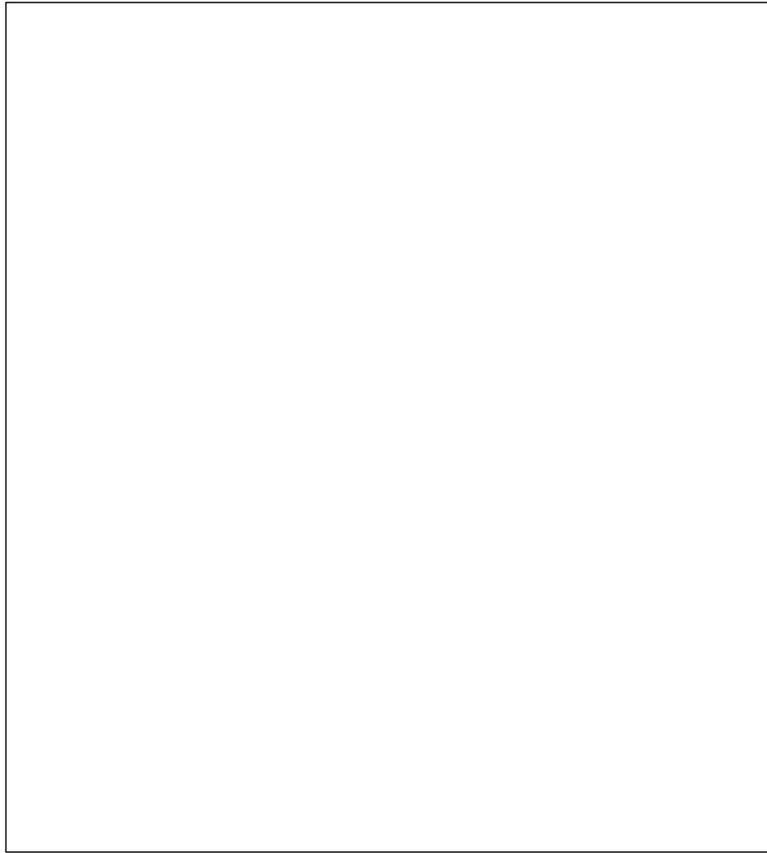


CATERPILLAR

YEAR A: HONORING OUR BAPTISMAL PROMISES





This book belongs to:

Signature of JDOK Caterpillar

THE JDOK METAMORPHOSIS JOURNAL

CATERPILLAR YEAR A

HONORING OUR BAPTISMAL PROMISES

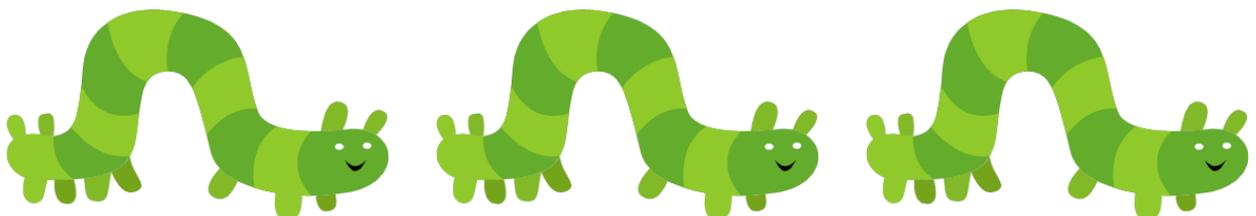


WELCOME TO JDOK CATERPILLAR YEAR A

We are going to have so much fun as we grow together with God! This year, we will focus on learning about the basics of our faith: prayer, service, and baptismal promises. We will learn the Lord's Prayer, some scriptures and baptismal promises, as well as a small piece of Morning Prayer. WHEW!! Each month, we will do activities together and with our families, that will help us practice putting God's word in our heart and serving others.

We hope that you will have special JDOK fellowship and community time at our monthly meetings, but don't worry if you miss a month. Everything you need to remember is right here in this book. If you miss a meeting, work on your memory verse, song, and service or prayer project at home with your parents. Write or draw about what you did in the box at the bottom of the lesson. At the very end of the book, you will find check sheets for keeping track of your accomplishments as well as a Bible reading award. Celebrate your accomplishments and enjoy the journey!

CATERPILLAR, (noun) A small fuzzy creature with many legs that changes to become a butterfly.

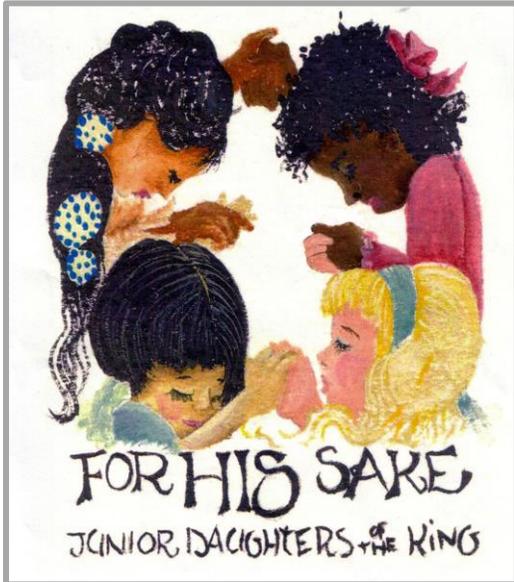


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LESSON 1: TALKING TO GOD

CREATING A RULE OF PRAYER



MEMORIZE: Jeremiah 29:12

In those days when YOU PRAY,
I WILL LISTEN.

Psst... I bet if you pray this prayer every morning when you get out of bed, you will have it memorized before the next meeting!

MEMORIZE JDOK PRAYER

God of love, God of life, God of holy strength,
guide us that by our daily practice
of prayer and service,
we may draw others to Christ.
Help us to reach up in hope,
receive in spirit,
respond in faith, and
reach out in love for all.
We pray that Your Kingdom
will come for all creation,
all people living together in love and peace,
For His Sake. Amen

There are lots of ways to talk to God and lots of things to talk to God about. Sometimes, it is easier to ask God for things than thank him for life's blessings. God wants to hear all about our days – things that make us happy and things that worry us. He wants us to praise him. Make a PRAY-celet (prayer +bracelet) with your JDOK friends. Draw a picture of someone or something that you prayed for.

LESSON 2: DAILY DEVOS

CREATING A RULE OF LIFE



MEMORIZE: FROM PSALM 51

Open my lips, O Lord,
and my mouth shall proclaim
your praise.
Create in me a clean heart, O God,
and renew a right spirit within me.
BCP 137

SING: MORNING HAS BROKEN

Morning has broken like the first morning,
blackbird has spoken like the first bird.
Praise for the singing! Praise for the
morning! Praise for them, springing fresh
from the Word!

Sweet the rain's new fall sunlit from
Heaven, like the first dew fall on the first
grass. Praise for the sweetness of the wet
garden, sprung in completeness where
his feet pass.

Mine is the sunlight! Mine is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning
God's re-creation of the new day!

The Episcopal Church Hymnal No. 8

Lead Morning Prayer, Junior Daughters Handbook p 32, five times with your family. Be sure to use your PRAYcelet to help you pray to God. You might enjoy singing "Morning Has Broken" together. Draw a picture of your family worshipping together.

DAY ONE

JDOK Daily
Devotions
In the morning

DAY TWO

JDOK Daily
Devotions
In the morning

DAY THREE

JDOK Daily
Devotions
In the morning

DAY FOUR

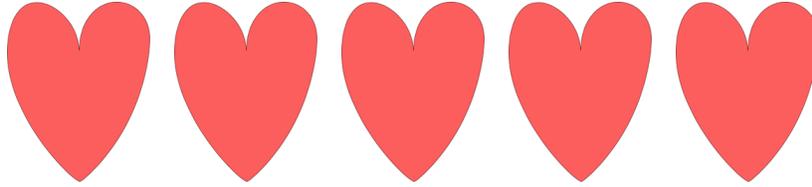
JDOK Daily
Devotions
In the morning

DAY FIVE

JDOK Daily
Devotions
In the morning

LESSON 3: FORGIVENESS

THE LORD FORGIVES ALL OUR SINS



MEMORIZE: EPHESIANS 4:32

Be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

MEMORIZE: COLOSSIANS 3:13

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.

GOD ROCKS

Everyone makes mistakes and hurts other people. Hanging onto anger and hurt is easy, but it is NOT what God wants us from us. God wants us to FORGIVE-ourselves and others. Before we take Communion, before we are baptized, we ask for and give FORGIVENESS. It can be hard, especially if you are hurt or angry.

Think about someone or something that hurt you or made you mad - anything that you want to give to God. Write that on a rock IN CHALK, take a moment to pray – turn it over to God and then use the waters to wash that care away. During all our mad and angry times, God is with us and wants to help us forgive! Draw a picture of your FORGIVENESS ROCK here.

LESSON 4: FAITHFUL FRIENDS

CONTINUE IN FELLOWSHIP AND PRAYERS

After reading page 22 in the Junior Daughter Handbook, try writing or saying the motto in your own words.

MEMORIZE: THE DOK MOTTO

FOR HIS SAKE
I am but one,
but I am one.
I cannot do everything,
but I can do something.
What I can do,
I ought to do.
What I ought to do,
by the grace of God, I will do.
Lord, what will you have me do?

Read the story of Ruth in a children's Bible.

- What is special about Ruth and Naomi?
- How were they related?
- What attitude did Ruth have towards helping Naomi?
- What sticks with you about their friendship?

MEMORIZE: PROVERBS 17:17

A friend is always loyal,
and a brother is born to help in
time of need.

Sometimes our friends need a little extra love and help. Keep your eyes out for someone who seems a little sad or lonely. Give them one of your duct tape bookmarks and pray for them every day for a week. Write their name in the box and color it in as you are praying for him or her.

God bless



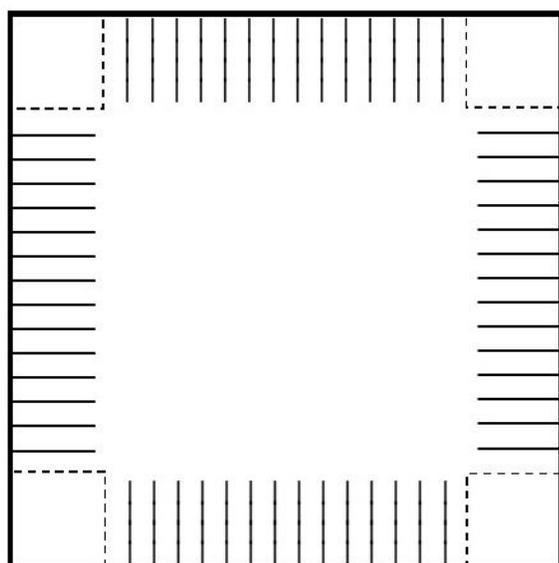


FEAST OF THE HOLY INNOCENTS

DECEMBER 28 ✕ MATTHEW 2:1-18

The Feast of the Holy Innocents is one of the two feast days that JDOK are especially invited to honor. Celebrated on December 28, The Feast of the Holy Innocents is a time for honoring and serving children, especially children in physical or spiritual need. While Junior Daughters cannot fix all the problems facing children, they CAN DO SOMETHING... and what they can do, they ought to do, and what they ought to do, they will do!

The Metamorphosis program is designed to honor the feast days as an entire chapter. Creating No-Sew Prayer Blankets and cards are suggested as the activity for the Feast of the Holy Innocents activity for Metamorphosis Year A.



NO-SEW PRAYER BLANKET

A handmade blanket not only provides warmth, but also a sense of love and security. Children's hospitals, nursing homes, and homeless shelters are great places to donate blankets.

MATERIALS

Fleece –two yards each of two coordinating prints, or a print and a solid	Scissors
(Optional) masking tape	Ruler

INSTRUCTIONS

1. Layer the two pieces of fleece and cut a 56"x70" rectangle.
2. Cut a 7" square out of each corner of both pieces of fleece.
3. Make fringe around all sides of both pieces by cutting 7" into fleece at 1" intervals.
4. Place fleece rectangles wrong sides together.
5. Knot fringe pieces together using one strand from the top and one from the bottom to tie each knot. Tie together along all four sides.
6. Pray for the recipients, and then donate.



Local chapters of Project Linus can help with the distribution of blankets: www.projectlinus.org.

CARD FOR NO-SEW PRAYER BLANKET

MATERIALS

White cardstock	Small safety pins
Stamps and stickers	Curling ribbons
Markers	Scissors

INSTRUCTIONS

1. Decorate and personalize the front of the pre-printed prayer cards.
2. Punch a hole in the upper left corner of the card, thread ribbon through the hole and attach to the prayer blanket with a safety pin.
3. End by praying for the children who are hurting in this world, the HOLY INNOCENTS, especially those who will receive the prayer blankets.

A PRAYER FOR THE HOLY INNOCENTS

Loving God,
 we pray today for all children
 everywhere-
 especially those who are afraid,
 those who are sad,
 those who are in danger of any kind.
 You know each of them by name.
 May they feel
 your love and your peace.
 Show us how to share your love.
 AMEN

1

This blanket was made
 just for
YOU
 to bring you
COMFORT,
 to remind you that you
 are
LOVED,
 to share in your
JOY.

This blanket is to wrap
 you up
 when you're cold,
 when you're hurting,
 when you need to
SNUGGLE.

2



3

With
BLESSINGS
 With
LOVE
 With
PRAYERS

The girls and young women
 from
 St. Mary's Episcopal
 Junior Daughters of the King

LESSON 5: RESIST EVIL

SING: HOLY, HOLY, HOLY LORD

by Franz Schubert

The Sanctus, or Holy, Holy, Holy Lord is a hymn sung as the final words of the Preface of the Eucharistic Prayer. Through it we sing with all the angels and archangels in praising God. Composer Franz Schubert set these and other words of our liturgy to music.

Holy, holy, holy Lord, God of power and might, Holy, holy, holy Lord, God of power and might, heaven and earth are full, full of your glory. Hosanna in the highest. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.

The Episcopal Church Hymnal No. S130

Read the story of Jesus' temptation in Matthew 4:1-11.

- How do you feel knowing that Jesus was tempted? Why?
- Why do you think people are tempted?
- What example does Jesus give us about turning from evil?
- What sticks with you about this story?

MEMORIZE: 2 TIMOTHY 2:22

Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts.

Saying mean things, taking something that isn't yours, talking back to your parents... there are so many things that tempt us to get off God's path. 2 Timothy 2:22 tells us to turn TOWARDS God which also turns us AWAY from temptation. Turn TOWARDS spreading God's love by making some cards for people unable to attend church. Draw a picture of how they responded when you gave them the card.

LESSON 6: GODLY GIRL

HOW MARY DAVENPORT PROCLAIMED BY WORK AND EXAMPLE



MEMORIZE: LUKE 11: 28

Jesus replied,
"But even more blessed are all
who hear the word of God and
put it into practice."

Some kids like to sing, others to play and others to teach. Page 24 of the Junior Daughter Handbook has the music and information about the Junior Daughters hymn. Learn to sing or to play the JDOK Hymn. Tell your parents or a friend about who wrote it and what it means.

SING/PLAY/TEACH: THE JDOK HYMN v. 1

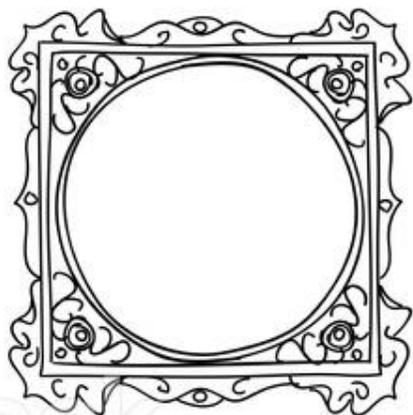
O Jesus, I have promised to serve Thee to the end; be Thou forever near me, my Master and my Friend; I shall not fear the battle if Thou art by my side, nor wander from the pathway if Thou wilt be my Guide.

The Episcopal Church Hymnal 1982
No. 655 'O Jesus I Have Promised' Sung To
No. 525 'The Church's One Foundation'

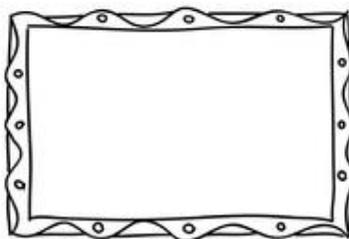
Luke 11: 28 reminds us that saying we are Christians and going to church and JDOK isn't enough. We must live out what we learn in the Bible. Draw a picture of how you showed God's love to someone this week.

JDOK BINGO		
What are the colors of JDOK?	What letters are on the JDOK cross?	Describe the 1979 cover of the JDOK Handbook.
What is the mission of The Order?	FREE	What is the name of the JDOK hymn?
Who formed the first chapter of Junior Daughters?	What is your chapter's name?	What happened in JDOK history in 1899?

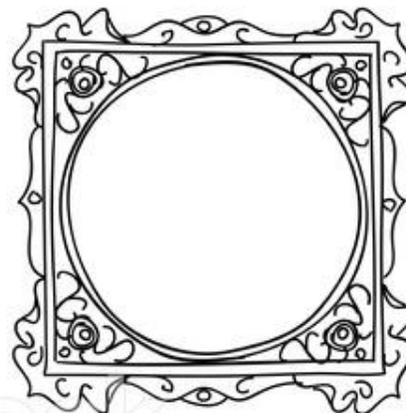
PRAY : Take a moment to think through the gallery of your mind. Write the name of the person who comes to mind under each picture frame. As you draw a picture or sketch of them, lift them up to God in prayer.



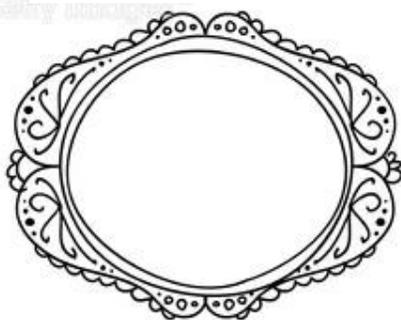
ENCOURAGED ME



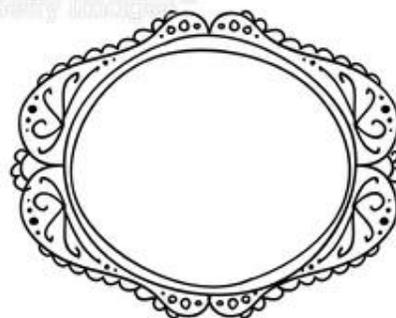
LOVES ME



TAUGHT ME ABOUT GOD



PRAYED FOR ME

SHARED THEIR FAITH
WITH ME

FORGAVE ME

FEAST OF THE PRESENTATION

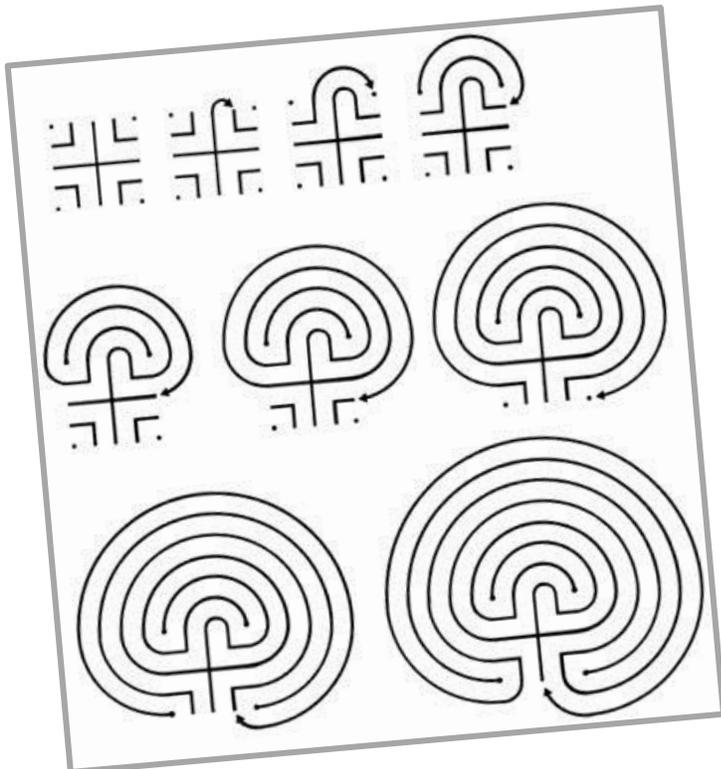
FEBRUARY 2 ✕ LUKE 2:22-40

The Feast of the Presentation is one of the two feasts that Junior Daughters are especially invited to observe. As many parents present their children for baptism, the Feast of the Presentation commemorates the day when Jesus was presented by His parents as an offering to God. Jesus and His family were met by Simeon, a righteous man who, upon the inspiration of the Holy Spirit, recognized Jesus as the Messiah.

The Metamorphosis program is designed to honor the feast days as an entire chapter. Creating a Prayer Labyrinth is suggested for the activity for the Feast of the Presentation activity for Metamorphosis Year A.

PRAYER LABYRINTH: A PATHWAY TO GOD

A prayer labyrinth is not a maze with paths which aim to confuse. Rather a labyrinth is a one-way path to and from the center of a pattern. An ancient Christian tool for meditation and prayer, the labyrinth has no dead ends. While walking slowly and breathing deeply, the labyrinth pilgrim (you) is invited to offer God a prayer, a question, thanksgiving, or to seek guidance. Think of the labyrinth as a short prayer walk.



A PRAYER FOR THE FEAST OF THE PRESENTATION

Good morning, God.
This is your day.
I am your child.
Please show me your way.
Amen

SUPPLIES

Your imagination	Acrylic paints
1 rock per girl	Sharpies
Painters tape or pine needles, sand or rope	

INSTRUCTIONS

Making a labyrinth can be lots of fun. Using the diagram above, make a labyrinth out of simple objects such as painter's tape taped to the ground or pine needles or sand that you and your JDOK friends rake into the shape of a labyrinth. After you make the labyrinth shape, walk the path carrying a rock on which you have written a care or worry that you would like to give to the Lord.

LESSON 7: SEEK AND SERVE

CHRIST IN ALL PERSONS



Read the story of Tabitha, also called Dorcas, in Acts 9:36–42.

- How did people react to Tabitha's death? Why?
- How do you see Tabitha's faith in her life and words?
- What sticks with you from her story?

MEMORIZE: Matthew 25:40

I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me!

SING: SIMPLE GIFTS

Simple Gifts is a hymn from the Shaker communities and was written in 1848. It has been arranged and adapted by many folksingers and composers.

'Tis the gift to be simple, 'tis the gift to be free, 'tis the gift to come down where we ought to be, and when we find ourselves in the place just right, 'twill be in the valley of love and delight.

When true simplicity is gained to bow and to bend we shan't be ashamed, to turn, turn, will be our delight till by turning, turning we come round right.

The Episcopal Church Hymnal No.554

One of the baptismal promises that we make is to “seek and serve Christ in ALL PERSONS.” By sharing a treat with someone who does not have a home, we can honor this promise. With a parent's help, make or purchase Chex Mix or another savory treat. Decorate an empty Pringles can with paper, put the mix in and with your parents hand it to someone without a home. How did they respond? Draw a picture of how you served Christ in all persons:

LESSON 8: THE FRUIT OF THE SPIRIT

PEACE AMONG ALL PEOPLE



MEMORIZE:
GALATIANS 5:22-23
The Fruit of the Spirit

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!

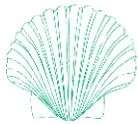
Simple acts of service can show God's love (a fruit of the Spirit!). Washing dishes is an important task to keep the home running. Ask mom or dad to teach you how to properly wash dishes or unload the dishwasher and commit to helping at one meal each day for a week. How did you feel as you served your family? Draw a picture or write a story about serving your family:



THE SIGNS AND SYMBOLS OF BAPTISM



WATER: The word "baptize" comes from the Greek language and means to dip into or pour over, or to use water as an act of cleaning. In Baptism, water is a sign of being washed free from sin and beginning a new life with God as His beloved children. When we are baptized, we are raised to new life with Jesus. The water is blessed and poured on the head of the person being baptized in the name of the Father, the Son and the Holy Spirit.



SHELL: The scallop shell is sometimes used to pour water on someone who is being baptized. Baptismal fonts often have shells on them. Additionally the shell is associated with pilgrimage. During medieval times scallop shells were often carried home from pilgrimages to St. James tombs since they are found near his tomb, they offered proof that the pilgrim had completed their journey. Baptism is the start of the Christian journey. When priests use scallop shells to pour water on a child, they are initiating that child on a pilgrimage towards heaven.



OIL: The oil at Baptism is also known as the Oil of Chrism. It is a mixture of oil and balsam that has been blessed by the bishop. The oil is used to symbolize the gifts of the Holy Spirit.



SIGN OF THE CROSS: A little cross, generally made with the thumb, is traced by the clergy upon the forehead of the newly baptized, while the clergy says, "You are sealed by the Holy Spirit in Baptism and marked as Christ's own forever."



CANDLES: Candles symbolize Jesus as the Light of the World. In Baptism a candle is lit from the Paschal or Easter Candle which stands near the altar as a sign of the Risen Christ. A candle is given to the newly baptized as a reminder that the Light of Jesus has entered them.



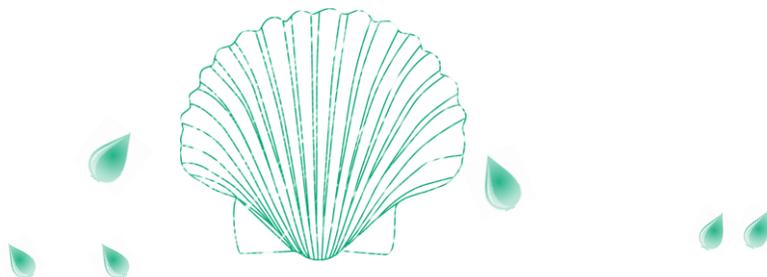
DOVE: After Jesus was baptized, Heaven opened and God's Spirit came down like a dove. A dove is used in Baptism to symbolize the gift of God's Holy Spirit

LESSON 9 – THE GIFT OF WATER

ONE LORD, ONE FAITH, ONE BAPTISM

MEMORIZE: THE LORD'S PRAYER

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come, thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those
 who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.



MEMORIZE: PRAYER BEFORE BAPTISM

"There is one Body and one Spirit;
 there is one hope in God's call to us;
 One Lord, one Faith, one Baptism;
 One God and Father of all." -BCP 299

When you are baptized, you are marked as Christ's own forever. Draw a picture from your baptism. How old were you? Who was with you?

SUMMER



Over the summer get together to have some fun with your JDOK friends. Write a short story or draw a picture about what you did together!

CROSS AWARD

To earn the Cross Award, you will practice living out your JDOK promises by learning the motto, prayer, and hymn; as well as serving in your home, at church and in the community. By completing the cross award, you are eligible to officially join JDOK or rededicate yourself to the promises of JDOK (JDOK girls are encouraged to rededicate annually.) You will have prayed, served, and told others about Christ! WOW!!

		DATE	INITIALS
[] SAY	DOK Motto <i>(Lesson #4)</i>		
[] PRAY	JDOK Prayer <i>(Lesson #1)</i>		
[] SING	JDOK Hymn v. 1 <i>(Lesson #6)</i>		
[] HONOR	Feast of the Holy Innocents or Feast of the Presentation or comparable home activity		
[] HONOR	Retreat or quiet day (see JDOK Handbook p.59-60)		
[] SERVE	Giving back to home _____ <i>(Lesson #2, #8)</i>		
[] SERVE	Giving back to church _____ <i>(Lesson #5)</i>		
[] SERVE	Giving back to community _____ <i>(Lesson #4, #7)</i>		

SHELL AWARD

The shell has been a symbol of baptism for hundreds of years. In fact, many people are baptized in water held in a shell. The focus of the Shell Award is twofold: baptismal promises and prayer. By the end of the year, you will have learned about baptism and baptismal promises, the gifts of the Spirit, as well as how to pray and honor God.

	LESSON	MEMORY VERSE	DATE	INITIALS
[1]	Talking to God	Jeremiah 29:12		
[2]	Daily Devos	Psalms 51 from p. 137 BCP		
[3]	Forgiveness	Colossians 3:13		
[3]	Forgiveness	Ephesians 4:32		
[4]	Faithful Friends	Proverbs 17:17		
[5]	Resist Evil	2 Timothy 2:22		
[6]	Godly Girl	Luke 11:28		
[7]	Seek and Serve	Matthew 25:40		
[8]	The Fruit of the Spirit	Galatians 5:22-23		
[9]	The Gift of Water	Prayer before Baptism		
[9]	The Gift of Water	The Lord's Prayer		

MUSIC AWARD

Psalm 100 tells us to SHOUT, to WORSHIP, and to SING TO God! The Episcopal Church Hymnal is full of wonderful songs of praise and worship. Although all the verses are listed in each lesson, for the Music Award, learn to sing, recite, or play the ONE verse of each hymn listed below.

DATE INITIALS

[] RECITE/SING	<p style="text-align: center;">Morning Has Broken The Episcopal Church Hymnal No. 8 <i>(Lesson #2)</i></p>
<hr/>	
[] RECITE/SING	<p style="text-align: center;">Holy, Holy, Holy Lord The Episcopal Church Hymnal No. 5130 <i>(Lesson #5)</i></p>
<hr/>	
[] RECITE/SING	<p style="text-align: center;">Simple Gifts The Episcopal Church Hymnal No. 554 <i>(Lesson #7)</i></p>
<hr/>	

BIBLE AWARD:

Reading the Bible is FUN!! Ask your mom or dad to read a chapter of the Bible to you during breakfast or right before bedtime two to three times a week. Maybe you could even read it by yourself! Spending time in God's word is a great way to start and to end the day.

√	Matthew	√	Esther
	Matthew 1		Esther 1
	Matthew 2		Esther 2
	Matthew 3		Esther 3
	Matthew 4		Esther 4
	Matthew 5		Esther 5
	Matthew 6		Esther 6
	Matthew 7		Esther 7
	Matthew 8		Esther 8
	Matthew 9		Esther 9
	Matthew 10		Esther 10
	Matthew 11		
	Matthew 12		Psalm
	Matthew 13		Psalm 1
	Matthew 14		Psalm 5
	Matthew 15		Psalm 19
	Matthew 16		Psalm 24
	Matthew 17		Psalm 42
	Matthew 18		Psalm 51
	Matthew 19		Psalm 95
	Matthew 20		Psalm 100
	Matthew 21		Psalm 105
	Matthew 22		
	Matthew 23		James
	Matthew 24		James 1
	Matthew 25		James 2
	Matthew 26		James 3
	Matthew 27		James 4
	Matthew 28		James 5

ACKNOWLEDGEMENTS

The Order of the Daughters of the King® encourages members to use their spiritual gifts for the glory of God, for the spread of His kingdom and for the growth of The Order. During the creation of the Metamorphosis Journey, authors wrote words; designers chose colors and layouts; photographers took pictures; editors searched for consistency and accuracy – all FOR HIS SAKE.

Author: Adelle Muller-McKinstry with support from the Catherine of Siena Chapter of DOK

Spiritual Advising: Rev. Beth Fain

Editors: Paige Akard, Pandora Hernandez, and Lissette Smead

A special thanks to the girls and women from the Diocese of Texas, especially St. Mary's Episcopal Church, who participated in pilot groups and provided program feedback.

Sources and Inspiration:

Junior Daughters Handbook, 2019 edition.

Junior Directress Manual, 2018 edition.

Katherine Bogner of
www.looktohimandberadiant.com

Lacy of www.catholicicing.com

Leader's Guide for the Primary Grade and Youth Junior Daughter Study Guide, 2011 edition.

National Study Guide, 2016 edition.

Graphics:

Beth Keene-page 11

www.labyrinthociety.org- page 16

Illustrations:

Reprinted from *Junior Daughters Handbook*, 2009 edition, 2009–cover-page 6

Kelly Echols–page 10

Jennifer Flanders-page 19

www.flandersfamily.info/web/2016/06/05/fruit-of-the-spirit-coloring-page/

Katherine Bogner–p.32

www.looktohimandberadiant.com

Photography:

Adelle Muller-McKinstry-pages 12

DOK Archives-page 14

Junior Daughters of the King

Caterpillar

Award for Year A

I have completed the requirements necessary to receive

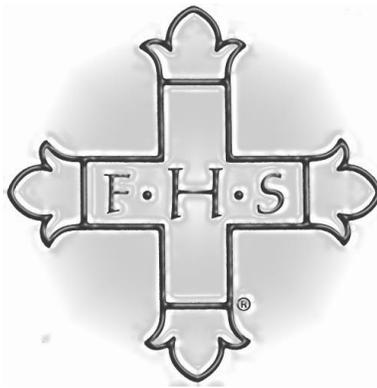
THE JUNIOR DAUGHTERS OF THE KING CATERPILLAR A AWARD.

As I continue to grow, I will seek opportunities to pray, to serve, and to tell others about Christ. I will remember that I am but one, but I am one. I cannot do everything, but I can do something. What I can do, I ought to do. What I ought to do, by the grace of God, I will do.

Signature of JDOK Girl

Signature of JDOK Directress

Date



JDOK PRAYER

God of love,
 God of life,
 God of holy strength,
 guide us that by our
 daily practice of prayer and service,
 we may draw others to Christ.
 Help us to reach up in hope,
 receive in spirit,
 respond in faith, and
 reach out in love for all.
 We pray that Your Kingdom will come for all
 creation, all people living together in love
 and peace,
 For His Sake. Amen

THE DOK MOTTO

For His Sake
 I am but one,
 but I am one.
 I cannot do everything,
 but I can do something.
 What I can do,
 I ought to do.
 What I ought to do,
 by the grace of God, I will do.
 Lord, what will you have me do?

THE JUNIOR DAUGHTERS HYMN “O Jesus I Have Promised”

O Jesus, I have promised to serve Thee to the end; Be Thou forever near me, my Master and my Friend;
 I shall not fear the battle if Thou art by my side, nor wander from the pathway if Thou wilt be my Guide.

O let me hear Thee speaking in accents clear and still; above the storms of passion, the murmurs of self
 will. O speak to reassure me, to hasten or control; O speak, and make me listen, Thou guardian of my
 soul.

O Jesus, Thou hast promised to all who follow Thee, that where Thou art in glory there shall Thy servant
 be. And Jesus, I have promised to serve Thee to the end; O give me grace to follow, my Master and
 my Friend.

THE EPISCOPAL CHURCH HYMNAL 1982

No. 655 'O Jesus I have Promised' Sung to No. 525 'The Church's One Foundation'

THE JUNIOR LITANY

Leader: Dear heavenly Father, we thank you for your love for us; be with us as we pray.

All: In the name of the Father, and of the Son and of the Holy Spirit.

Leader: For your constant care through day and night,
We thank you, Lord.

For our homes, our teachers and our friends,
We thank you, Lord.

For time to serve, to pray, and to play,
We thank you, Lord.

That we can talk to you as our dear friend, and know you are listening,
We thank you, Lord.

That we may love, obey, and serve you every day,
May the Holy Spirit teach and lead us.

That the members of our church family may grow more and more like Jesus,
May the Holy Spirit teach and lead us.

That we may be faithful to our vows as daughters of Christ, our King,
May the Holy Spirit empower us.

That we may support our priest (s) _____, and our bishop (s) _____
_____, in the work of spreading your Kingdom,
May the Holy Spirit empower us.

That the President of the United States, the governor of this state, and the judges and officers of our community may be just and wise,
Please bless and guide them, Lord.

That people in our community and all over the world may know Jesus Christ,
Help us to reach out to them in love, and show that we care.

For those among our families and friends who are sick or in trouble,
We ask for your healing and peace.

(Time may be given here for the specific prayers of those present.)

And now, Almighty God, Father, Son and Holy Spirit,
With praise for who you are, and thanksgiving for all you do for us,
We offer you ourselves, all that we are, and all that we will be. Amen.

The word **litany** comes from the Greek word meaning to pray for help. Christians have been using litanies to pray in community for hundreds of years. In fact, this type of responsive public worship was used by Jesus when he worshiped in the Jewish tabernacle.

When you pray the Junior Litany, you are **PRAYING IN COMMUNITY** –both with the Junior Daughters standing next to you and with Junior Daughters around the world!

PRAYER+SERVICE+EVANGELISM
FOR HIS SAKE

