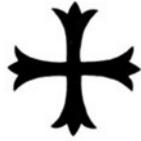


The JDOK Metamorphosis Journey: The Caterpillar Years



# caterpillar

A Leader's Guide



Written for JDOK chapters everywhere by JDOK Directress, Adelle Muller-McKinstry and JDOK Leader Paige Akard.

Edited by Lissette Smead.



# For His Sake



The mission of the Order of the Daughters of the King is the extension of Christ's Kingdom through prayer, service and evangelism.

## JDOK RESOURCES

### National Publications

- *Primary Study Guide*: 8 lessons to help a girl 7-12 understand what it means to become a JDOK
- *Leader Study Guide*
- *JDOK Handbook*: In-depth information about the order, services, policies, as well as useful resources.
- *Work Among Girls*: an inspirational piece written by the founding mother of JDOK

### National Website

[www.doknational.com/junior\\_daughters](http://www.doknational.com/junior_daughters)



# Caterpillar

Caterpillar Journey: A Leader's Guide

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## Welcome to **JDOK Metamorphosis!**

A JDOK girl promises to serve God through prayer, service, and evangelism. However sincere her motives may be, without a strong scriptural understanding, as well as a supportive Christian community, her task would be difficult indeed. How can she evangelize if she is unfamiliar with the Bible? How can she sincerely serve and pray without mentorship?

This is where *Metamorphosis* comes in. In a systematic fashion, the program empowers JDOK leaders to guide girls 7-18 years of age through portions of the Bible, the JDOK Study Guide and the Book of Common Prayer. Beginning with memory work and moving toward applied analysis and action, the girls are challenged in their Christian walk. The *Metamorphosis* encompasses 3 age-groups with distinct developmental goals.



The **Caterpillar** years from 2<sup>nd</sup>-4<sup>th</sup> grade are **feeding years**. Putting God's word into their hearts is a major goal for these girls. Additionally, the girls familiarize themselves with Morning, Noon, and Evening prayer, hymns and service music, as well as serve with simple service projects.



The **Chrysalis** years from 5<sup>th</sup>-7<sup>th</sup> grade offer **protected growth**. Looking at scriptures analytically, Chrysalis girls are guided into deeper thinking about Jesus' teaching and its modern day applications. They also study some of the beautiful Psalms that accompany Morning, Noon, and Evening prayer and memorize the order of the books of the Bible. Service, ever present in the life of a Chrysalis girl, encourages the girls to grow and bloom.



The **Butterfly** years from 8<sup>th</sup>-12<sup>th</sup> grade are **wing-stretching years**. This is a time in a young woman's life when she begins to question, push boundaries, and search for truth. What better time to dig into God's word? During these years, the girls take ownership of their own faith walk as well as leadership within the group. Through topical goals such as Women of the Bible, the Creeds, and the Great Vigil of Easter, girls create their own journals which reflect their spiritual journey.

We at St. Mary's are delighted to share this resource with you. The notebooks with scheduled memory verses, hymns, and service help ease the leaders' planning burdens so that she can focus on her charge: GOD'S GIRLS. The recordkeeping encourages documentation and acknowledgement of a JDOK's spiritual growth and service development. Remember this is a guide, not a rulebook. Use it to your advantage. Through our pilot years, we witnessed girls spreading their wings and families following suit. We pray that *Metamorphosis* blesses both you and your girls.

**FOR HIS SAKE**

THE  **caterpillar**  
YEARS



**Caterpillar Year A: Honoring Our Baptismal Promises**



**Caterpillar Year B: Becoming Fishers of People**



**Caterpillar Year C: Following the Good Shepherd**

# Caterpillar Notebooks

The mission of the Order of the Daughters of the King is the extension of Christ's Kingdom through prayer, service and evangelism. Each year, the Caterpillar curriculum notebooks promotes and schedules these goals with focused monthly lessons as well as prayer activities, service projects, and evangelism ideas to actively engage the girls in conversation with God as well as serving the world and sharing God's Good News. Furthermore the Bible reading challenges correspond with the liturgical Gospel reading for the year (A, B, or C respectively). Because each notebook can stand on its own, girls may join at any year in the program.

To further enrich the program, consider looking at on-going activities within your parish and community that will augment the work that you are doing with the JDOK. For example, at St. Mary's we yearly participate in a Easter Prayer Vigil (prayer), the Fall Gift Market (evangelism - the girls serve as greets), and the making of Palm Crosses (service).

Each notebook is divided in the same basic manner: JDOK basics, the lessons, and the record sheets.

## JDOK BASICS:

At the front of the book, the JDOK Basics section provides the girls with their prayer, motto, hymn and litany all on an easy-to-access two page spread. Prayer, service, and evangelism activity instructions follow.

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Obey me and live!  
Guard my words as  
your most precious  
possession.

- Proverbs 7:2

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## CATERPILLAR NOTEBOOKS AT A GLANCE

### JDOK BASICS

- All Thing JDOK: the prayer, motto, hymn and litany
- Activity ideas and instructions

### LESSONS

- Prayers, verses, and songs to memorize and discuss
- Secret service activities
- Study session (from Primary Study Guide) reminders

### RECORD SHEETS

- Cross
- Year (Shell, Ichthys, Little Lamb)
- Music
- Bible Reading Challenge

## LESSON FORMAT:

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The notebook lessons are broken into several parts each month: memorize, sing, complete, and secret service.

### *Memorize/Sing:*

At JDOK we want the girls to be putting God's word in their heart. The memory verses or songs should be introduced with a game or art project as well as a discussion of what the verse means. Although we want to hold the JDOK girls accountable for both memory work and Bible study, we do not want to put undue pressure on them or make their experience anything less than encouraging.

### *Complete:*

At JDOK we want the girls to be encouraged to deepen their understanding of God, God's word, and His call on their life. This section schedules three lessons from the JDOK Primary Study Guide which help the girls better understand the promises that make when they become JDOK. The memory verses for each specific month tie into the lesson from the Primary Study Guide. At the end of three years, the girls will have completed the entire Primary Study Guide.

### *Secret Service:*

The Secret Service section offers monthly prayer, service and evangelism ideas. The are encouraged to actively talk with God, to share God's Good New, and to serve at home, at church and in the community. An unstated goal of this section is to get parents involved in several of the service "projects" in order to foster parent-child communication, trust and Christian responsibility.

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### **Why read the Bible and memorize Bible verses?**

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.

2 Timothy 3:16-17

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## LESSONS:

The lessons in the Caterpillar years encourage the girls to put God's word in their hearts by memorizing scriptures, prayers and hymns. If you have never memorized scripture or helped a child do that, FEAR NOT, there are lots of easy tricks to make the process enjoyable and attainable. It is a worthwhile goal. First and foremost, use age-appropriate Bible passages with verses relevant to their lives. Before diving into memory work, help the girls find meaning in the verses by spend time talking about what the scriptures mean and how they apply to modern life.

For a child who has never memorized anything before, the task can seem overwhelming. Help them break the scripture into small pieces, three to five words at the most. Let them feel the satisfaction of memorizing just that small chunk of scripture before adding a few more words. They will be surprised how quick they can learn! Another trick is encouraging active learning by playing memory games, creating scripture art, putting the verse to music... Young children love games and they can memorize easily when encouraged and having fun. See Scripture Memory Fun in the resource section, page 13. Remember the goal: to put God's word in their hearts. If a child struggles encourage her by finding another way to help her, NEVER shame her. As the girls move through the program, it will become easier and easier for them to memorize.

## Why memorize scripture?

1. **To Know God and His love** – The Word of God is very clear that God loves us.
2. **To resist temptation** – When we put God's word in our heart, it will often sneak back in our brains to help us when we are tempted. When tempted by Satan, Jesus quoted him scripture.
3. **To make God-centered decisions** – Decisions are best made through prayer. With God's words in our heart, the Holy Spirit can draw on this knowledge to help us find God's path.
4. **To share God's love** : Evangelism is one of the main goals of JDOK, yet without knowledge of the scriptures how can we evangelize?
5. **To persevere through hard times** – God's word can give us strength to do hard things. When it is buried in our hearts, the Holy Spirit can help us access just the words we need in times of trouble.

## THE THREE AWARDS:

Each year, three awards and one Bible reading challenge are offered. By completing all activities in each lesson of the notebook, the girl will achieve all three awards. The majority of activities and memory work should take place during the JDOK meeting, however there are a few service project that require going off campus or completing at home.

### THE CROSS AWARD

To earn the Cross Award, JDOK girls practice living out their JDOK promises by learning the motto, prayer, and hymn; as well as studying three lessons from the JDOK Primary Study Guide and serving in at home, at church and in the community. By completing the cross award, they will have a deeper understanding of what it means to be a JDOK and may choose to officially join. For girls who are already JDOK, the cross award reminds them of their promises and encourages to live out these promises. After completing the Cross award, active JDOK girls may choose to rededicate themselves to the promises of JDOK. JDOK girls are encouraged to rededicate themselves to their promises annually.

### THE SHELL, ICHTHYS, LITTLE LAMB

THE SHELL AWARD - YEAR A: Honoring Our Baptismal Promises: The shell has been a symbol of baptism for hundreds of years. In fact, many people are baptized in water held in a shell. The focus of the Shell Award is twofold: baptismal promises and prayer. By the end of the year, girls will have learned about baptism and baptismal promises, the gifts of the Holy Spirit, as well as how to pray and honor God. Furthermore, they will have lead their family in Morning Prayer.

THE ICHTHYS AWARD- YEAR B: Becoming Fishers of People: "Ichthys" means fish in Greek. It was used as a symbol by ancient Christians to show their faith. The focus of the Ichthys Award is EVANGELISM, sharing faith. Throughout of the year, girls will have learned about becoming a fisher of people, the Great Commission and sharing God's Good News. Furthermore they will have lead their family in Noon Prayer.

THE LITTLE LAMB AWARD - YEAR C: Following the Good Shepherd: During Year C, girls will have learned about Christ, the good shepherd and some of his commands about how to live a Godly life. They will also have lead their family in Prayers at Early Evening and Prayers at the Close of Day.

## THE MUSIC AWARD

Psalm 100 tells us to **SHOUT**, to **WORSHIP**, and to **SING** TO God! The Episcopal Church Hymnal is full of wonderful songs of praise and worship. In the music award, JDOK girls are encouraged to dive into the hymnal and learn 3 hymns per year. Although all the verses are listed in each lesson, for the Music Award, they must learn to sing, recite, or play ONE verse of each hymn listed.

## BIBLE READING CHALLENGE:

The Bible Reading Challenge is just that: a challenge to read the Bible. One of the goals of JDOK is to put God's word into girls' hearts and establish life-long habits of discipleship. Reading the Bible is an important habit to cultivate, but many parents and leaders don't know where to begin. In each Bible reading challenge, scriptures are chosen to take away the burden of "Where do I begin?" Caterpillar Year A, B, and C encourages them to read the Gospel that correlates with the respective liturgical year. If a girl has a different reading plan that she would like to pursue, that should be honored.

## RECORD SHEETS:

The record sheets found at the end of each notebook help girls, their parents, and directresses keep track of what the girls have accomplished. After a girl has memorized a prayer or verse, performed a specific act of service, sung or played a song, she will show her leader, her parent, or another JDOK parent what she has done. This is a time of great celebration! The adult will initial and date the chart.

The JDOK journey is meant to be a pleasurable path. For a variety of reasons, a directress may decide to modify a lesson or the required achievements for an award. Clearly communicate your expectations and any changes or modifications that you will make at the beginning of the year, yet remember to remain flexible throughout the year. Remember the goal is to support young girls growing towards a more Godly life. If a girl struggles with the memory work, a directress may choose to look for an alternative such as illustrating a special Bible verse book or putting the verse to music. Be flexible in helping the girls, yet encourage them to try new things and grow. Be sure to help each girl enjoy her journey.

# Suggested Schedules: Daily, Weekly, Yearly

## One week before the scheduled meeting:

- Review the verses, hymns, and secret service project for the lesson. Prepare any necessary supplies.
- Send an email/text reminder to ALL girls with information about the meeting location, time and lesson. Encourage parents who know their daughter will be unable to attend to do the lesson and secret service at home. Offer any necessary assistance. REMEMBER CONSISTENT COMMUNICATION ALLS GROUPS TO GROW.

## One day before scheduled meeting:

- Send another quick reminder with date, time, and what to bring.

## One day after meeting:

- If possible, send a "we missed you" email to those who were absent. Give details from the meeting as well as necessary make-up work needed to earn their award.

## TYPICAL CATERPILLAR MEETING SCHEDULE

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Fellowship and snack (15 minutes before meeting while leaders set up)

Opening (10-15 minutes)

- Say JDOK Motto and Prayer
- Play an icebreaker game
- Report any business

Caterpillar Lesson (30-35 minutes) Use the notebook

- Memory game to introduce Bible Verse
- Discussion of verse
- Achievement sign-off

Secret Service (30-35 minutes)

- Activity or craft that supports lesson

Closing

- JDOK Litany and Hymn

## YEARLY: JDOK Special Days

Celebrated on February 2, **The Feast of the Presentation** (Luke 2:22-40) is a time to commemorate the presentation of Jesus at the temple. It is a time to present ourselves as living sacrifices to God.

- Conduct Candlelight Service for Girls preparing to become JDOK
- Admit of new members and transition girls from JDOK to DOK
- Make a presentation on JDOK to congregation
- Encourage JDOK girls serve as lectores, acolytes, greeters, ushers during church service

Celebrated on December 28, **The Feast of the Holy Innocents** (Matthew 2:1-12) is a time for honoring and serving children, especially children in physical or spiritual need.

- Organize a food drive
- Lead a prayer vigil for hurting children
- Collect books for children's homes or hospitals
- Visit a children's hospital

## YEARLY: End of Year Celebration



It is important for the JDOK girls to receive recognition for their hard work. They have prayer, they have served, they have told others about Christ. Not only that, they attended meeting and memorized God's word. This is something worth celebrating. At end of each school year, a Mother-Daughter tea is a fun way to allow the girls to both to present what they learned and receive awards and recognition. Be creative when considering award possibilities: badges, stamps, certificates, and charms are all possibilities. Although not every girl will achieve an award, each girl should be recognized in some fashion for how she has grown and contributed to Christ's kingdom.

*Specific to Cheryl Young  
Quintero Chapter:*

The girls receive a matching charm to the theme of their award. New girls receive both a charm bracelet as well as charms for each award they achieved. Returning girls receive just the award charm. About two (2) months before the tea, parents should be contacted with not only an invitation, but also a message to ensure that their daughter wears her bracelet to the tea. If a bracelet cannot be found, offer to purchase another one for her, with charms earned before the current year, but at the price of purchase payable by the girl.



# Resources

## SCRIPTURE MEMORY FUN:

1. Sing the verse to a well-known tune such as "Twinkle, Twinkle" or "Old MacDonald".
2. Play a game such as:
  - Scripture scramble: write the words of the verse in masking tape on dominos. Put the dominoes in a bag and have the girls unscramble them.
  - Word wipe-out: Write the verse in dry erase or chalk. After the girls have said the verse out loud three times, have all but one of the girls leave the room. The remaining girl gets to erase one word. Invite girls back in room and have them read the verse and shout out the missing word. Continue as above, but erase more words each round.
  - Gotcha: Quote a verse incorrectly by omitting or changing a key word. Ask them to shout, "Gotcha!" when they catch the mistake. Then quote the verse accurately together.
  - Word toss: After reciting the verse out loud three times, have all the girls stand in a circle. One girl has a ball. The girl with the ball says the first few words of the verse then throws the ball to a different girl who continues with the verse.
  - Clap-a-word: Display the verse on a piece of paper. First, as a group say the verse three times. Ask one girl to leave the room (or turn her back). Have another girl point to one word from the verse so the others can see it. Then the first girl returns to the room, but is not allowed to see the verse displayed. The group says the verse, but claps on the selected word without saying it. The first girl says which word was skipped. If she gets stumped, let her look at the verse display. Take turns clapping on various words.
  - Scripture skits/charades: Create skits that show how the Word might be applied to a real life situation. Or play a good 'ole game of Charades with your memory verses.
3. Create verse art – the sky is the limit, but here are some favorite ideas. \* Encourage the girls to hang their completed art in a place where they can see and read it often:
  - Verse poster
  - Verse collage
  - Scripture Story
  - Verse sidewalk art
  - Scripture journal
  - Scripture bookmark
  - Scripture placemats
4. REPETITION – Find ways to help the girls say the verses over and over again:
  - Car flip books: Write each verse on a 4x6 piece of notecard. Illustrate the verses and staple them into a book. Read the book on car rides or challenge siblings to memorize the verse too.
  - Encourage girls to say the verse to their parents every night at dinner or before bed.

Ideas from : <http://yourvibrantfamily.com/games-memorize-bible-verses/>

## ICEBREAKER GAMES:

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Christian relationships are a critical element of JDOK. It is VERY important to foster this among the girls in the group. They must know each other's names in order to know each other. Games involving activity or food are very popular. By beginning each meeting with a name-type game, the girls as well as leaders will quickly learn each other's names. After the names are well-established, the game can fall at any point during meeting time.

### Do You Love Your Neighbor?

Players sit in a circle, and choose a person to start, this can be chosen in a number of ways: youngest, oldest, first/last birthday of the year, the person who won the last game, etc. the person who starts is asked by the group the following question: "Do you love your neighbor?"

While thinking about the person on their right, the starter can answer in one of two ways:

"Yes, I love my neighbor, but I really love people with green socks(or any other clothing item, hair color, etc)"

or... he or she can answer, "No, I do not love my neighbor!!" in which case everyone in the group gets up and finds a new seat.

This can be turned into an elimination game in which the person in the middle is asked the question, and answers thinking of their last neighbor before stepping out of the circle.

### Name game

**Number of players:** Any

**What you need:** Pool noodle

**Activity:** One person stands in the middle with everyone else forming a circle around her. The person in the middle (IT) holds a pool noodle "sword." IT walks up to someone in the circle and that person tells her the name of another person in the circle. IT tries to hit the named person before the named person can say the name of another girl in the circle. If IT succeeds she trades places with the person she hit, if not she continues.

### Two Truths and a Tale:

Each person must make three statements about themselves, one of which isn't true. (I have two brothers, I was born in Australia, I have a motorcycle). The group must guess, or vote on, which statement is the tale.

### Mix & Meet:

Get each person to grab some M&M's (or any type of differently flavored candies). Tell them not to eat them. Assign a different meaning to each color, blue= family, green=school, yellow=friends... However many m&ms they have in their hands, that is how many facts they have to tell. I.e. if they have 3 blue, they would have to say three facts about their family.

## Splat

All stand in a circle, one person is nominated as "splatter" and stands in the middle. The person in the middle then randomly points at someone and shouts "Splat!"

The person they pointed at must duck, then the two people either side of the one who ducked must "splat" each other, by pointing the other and yelling, "Splat!"

The last one to do so is out, this continues until there are only 2 active people left in the circle. When you are out, you stay in the circle, but do not play. This is part of the challenge for the remaining players.

It gets harder with less numbers as it becomes harder to determine who is next to you as the numbers deplete but the circle size remains.

Once you are down to 2 people remaining active in the circle they stand back to back western style, then the person who was in the middle counts from 1 - 20. With each number the 2 remaining competitors must take a step away from one another, and at any random point between 1 & 20 the counter shouts splat instead of a number, at which point it's a quick draw on each other and the last one to point at their opponent and say splat is out leaving a winner.

## Shoe and Tell:

1. Split the group into 2 halves.
2. Get each half of the group to line up against opposite sides of the room or hall.
3. Get each person to take of 1 shoe and make a pile of their team's shoes.
4. Get each person from one team to come a select a random shoe from the other team's pile and then find the person that shoe belongs to.
5. Once they have found their match, have a question ready so each person in the pair can ask each other a get to know each other a little bit better. Make sure you don't leave this time too long, but don't make it too short either, give both people a chance to answer.
6. Get the other team to do the same process with the first team's pile of shoes.

## Bingo:

Put the 10 commandments on a Bingo Board - put non commandments to fill the other spaces. Pick out of a hat, have to tell if it is or is not one of the actual 10.

## What I like about YOU!

Give each person a stack of paper and a pencil. Call out one of the girls' names and ask everyone to write that name on the top of the paper. Now write down something you love (or like) about that person. Fold in half, and throw the papers into a hat. Continue until you have written something about everyone. Now pass the hat around and take turns pulling out a paper and reading what is on it out aloud.

## Remember Me?

Get your two teams to mingle together for a couple of minutes, and introduce themselves to each other.

The two teams sit on either side of the bed sheet. Two leaders pull the bed sheet up, hiding both teams from each other's view. Then both teams select a player silently for the round, and both players move and sit facing the bed sheet in the middle. When the leaders can see that both players are ready, they drop the sheet so they can see each other. The first player to yell the other person's name wins a point for their team. Keep playing rounds until everyone has had at least one turn.

## CRAFTS: Ideas and Resources

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Finding crafts for a group of girls with a wide age range and a Christian message can be challenging. However, with any craft, girls enjoy the fellowship of working together. And many crafts make great gifts that can be tailored to the season.

The Internet is our friend! Search for any theme and add the word "craft" to it, and you will have plenty of ideas with which to work. Here are some crafts that with the right preparation can be completed in about 30 minutes. All can be found on multiple Web sites in addition to the one listed.

### Altoid Prayer Boxes

<http://itsfridayiminlove.weebly.com/bloggin/living-on-prayer>

Cover an Altoids can in paper, lettering or a Bible verse, and include a small pencil and pad.



### Wrapped Potato Chip Cans

<http://www.abakershouse.com/2012/12/creative-gift-packaging-for-cookies.html>

Take a Pringles can and wrap it in paper and other decoration and fill it with cookies or another gift to take to an elderly or sick person.

### Crayon Candle

<https://www.youtube.com/watch?v=TcpmRHRmLEA>

Every church has plenty of broken crayons! The YouTube video tutorial makes this look fun and easy. Using inexpensive candle holders, old crayons, and a microwave, create beautiful candles for worship or to give as gifts.



## Flip Flops

<http://www.passionforsavings.com/2013/05/make-your-own-ribbon-flip-flops/>

Decorate flip flops with ribbon. The site above has a picture of Patriotic flip flops, which would be a fun summer craft. For extra fun, write a Bible verse in sharpie along the outside edge of the flip flop.

## Picture Holders

<http://site.scrapbookexpress.com/blog/?p=4957>

Decorate large binder clips with paper, paint, or otherwise to be used to hold scripture art.



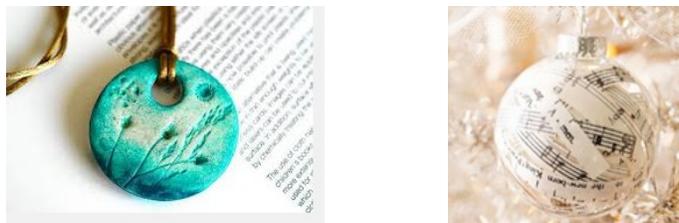
## Advent Wreath

Prior to craft time, drill holes (very slightly larger than the diameter of the candle) for the candles halfway through the foam rings. Use precut strips of fabric and yarn and pin them with push pins. Purchase colored candles or wrap white ones with ribbon or yarn and pin with strong push pins or upholstery pins.

## Christmas Hymn Ornament

[misiuk.blogspot.com/2013/11/christmas-countdown-36-days-6-diy-paper.html](http://misiuk.blogspot.com/2013/11/christmas-countdown-36-days-6-diy-paper.html)

Print favorite Bible verses or hymns on paper and cut into strips. Insert the strips into a clear glass ornament.



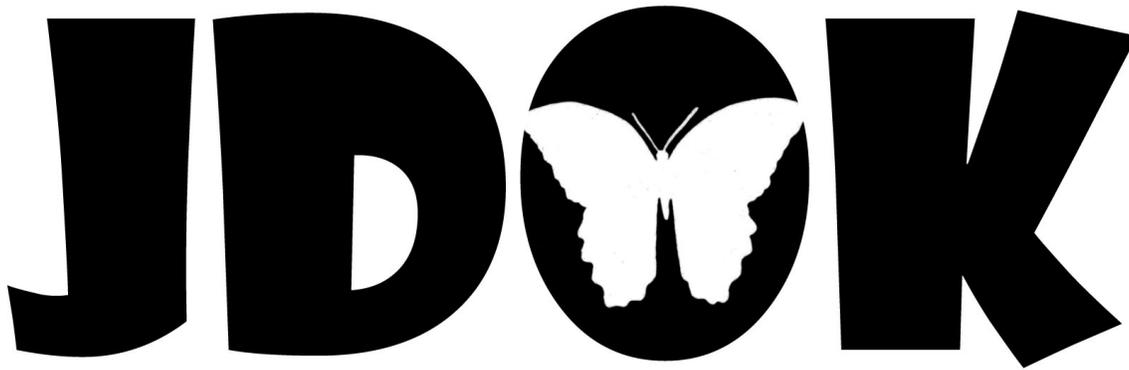
## Air Dry Clay Cross Necklace

<http://www.the36thavenue.com/kids-craft-dry-clay-pendant/>

Use pre-made necklaces from a craft store and air dry clay. Have the girls roll out the clay and use small cross cookie cutters. The clay doesn't have to be totally dry to paint it. They can also use different colors mixed together for a swirl effect. They will need something secure to take it home to dry completely.

# CORRESPONDENCE: Sample Church Letter Advertisement

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Girls...

- Do you have fun talking, snacking and giggling with your girlfriends? Do you like to make new friends?
- Do you like arts and crafts projects?
- Do you like to do nice things for other people?
- Did you know that Deborah, Joanna, Hannah, Elizabeth and Phoebe are all names of women in the Bible? Would you like to learn more about these and other women that played major roles in many Bible stories?
- Do you want to learn about ways to pray and serve Jesus?

If you said "YES!!" to these questions, you might like to be part of St. Mary's Junior Daughters of the King chapter.

This year our first meeting will be Sunday, September 12th from 3 pm – 5pm in the Holy Family Center. Come with a parent to learn more about Junior DOK and our plans for the year!

A Junior Daughter of the King Chapter is a group of three or more baptized young women and girls from 7-21 years of age who make a promise to pray daily and serve our Lord Jesus Christ. They are under the guidance and support of a Senior Daughters of the King Chapter.

Our chapter will provide a special opportunity to grow in love and knowledge of our Lord Jesus Christ, while serving our church and community. We will experience the joy of belonging to Christian fellowship with friends and mentors. We will study the Bible, discuss our faith, support each other, and pray for the needs of our community and our world. For Christ's sake we pray, we serve, and we reach out in love to all.

# CORRESPONDENCE: Sample Emails

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## We Missed YOU Email:

Hello! We missed \_\_\_\_ today at the Junior Daughters of the King meeting from 3pm-5pm at \_\_\_\_\_. Our small group, the Caterpillars, worked on lesson 2 from the Caterpillar notebook. We discussed The Great Commission, Matthew 28 -20, and made a set of prayer beads. Although you were not able to come, you can work on the lesson with your daughter and she can bring her completed lesson to the next meeting. Please let me know if you need any help with the prayer beads. Instruction can be found on page 10 of her notebook. Our next meeting is on January \_\_\_\_, from 3pm-5pm at St. Mary's. Hope \_\_\_\_ can come!!

Leader Name

## Reminder Email:

Hello! I thought I would email and remind \_\_\_\_ that she is invited to join us at the Junior Daughters of the King meeting NEXT SUNDAY December \_\_\_\_ from 3pm-5pm at \_\_\_\_\_. Last time we met, our small group, the Caterpillars, discussed Lesson 2 of our notebook. This weekend we will be working on lesson three. If you are NEW to the GROUP, JOIN US!!!

Hope to see YOU at the meeting next Sunday!

Leader Name

PS. We do still need a person to volunteer to bring a snack as well as another safeguarded adult to stay and help (no preparation necessary, just willing hands!). If you are interested in any of these items, [click here](#).



I will give **YOU** as a light to the nations,  
that my salvation may reach to the  
end of the earth.

Isaiah 49:6b

**JDOK**